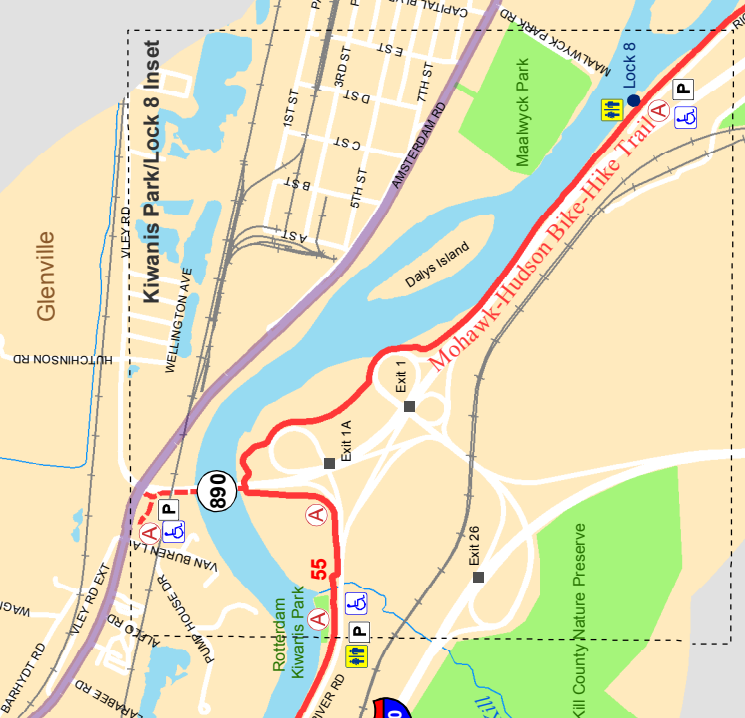
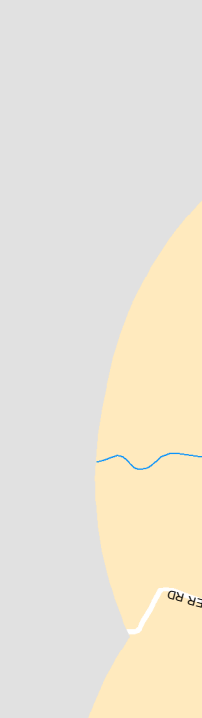
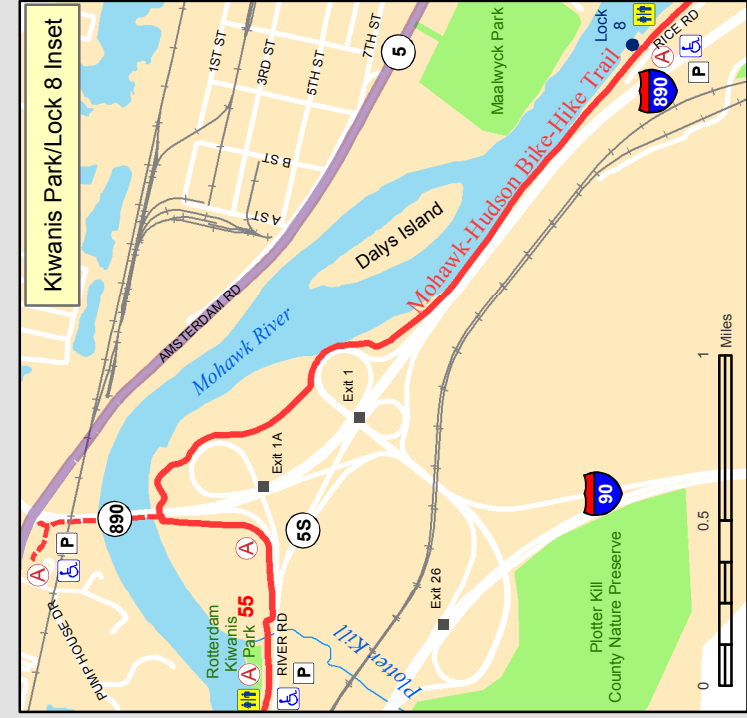


Mohawk-Hudson Bike-Hike Trail - Cohoes to Rotterdam Junction Section

With the City of Schenectady overlooking the Mohawk River, you will have the option of traveling along the floodplain on the side or traversing urban streets on the adjacent State Street area of downtown Schenectady. A peaceful trip through the quiet streets of the Stockade Historic District will provide a memorable experience. Downtown Schenectady and the Stockade are accessible from a section of the trail along a former railroad bed. The trail in Glenville on the north side of the Mohawk provides relaxing picknicking areas at Collins Park and Freedom Park.

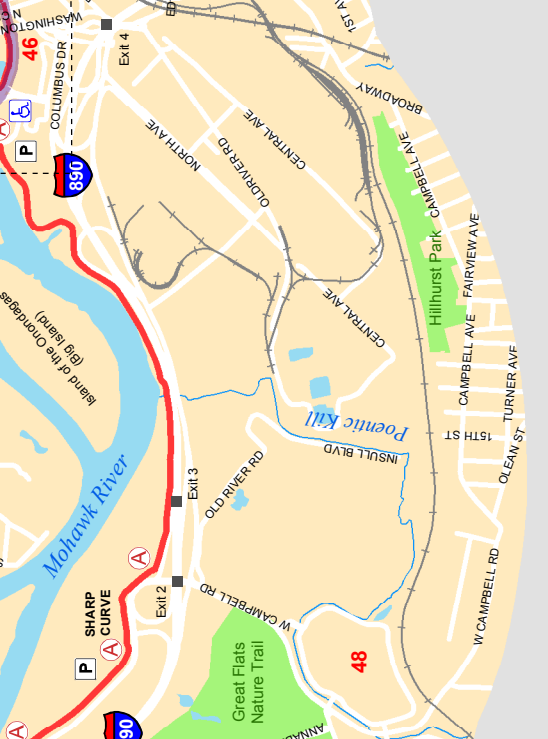
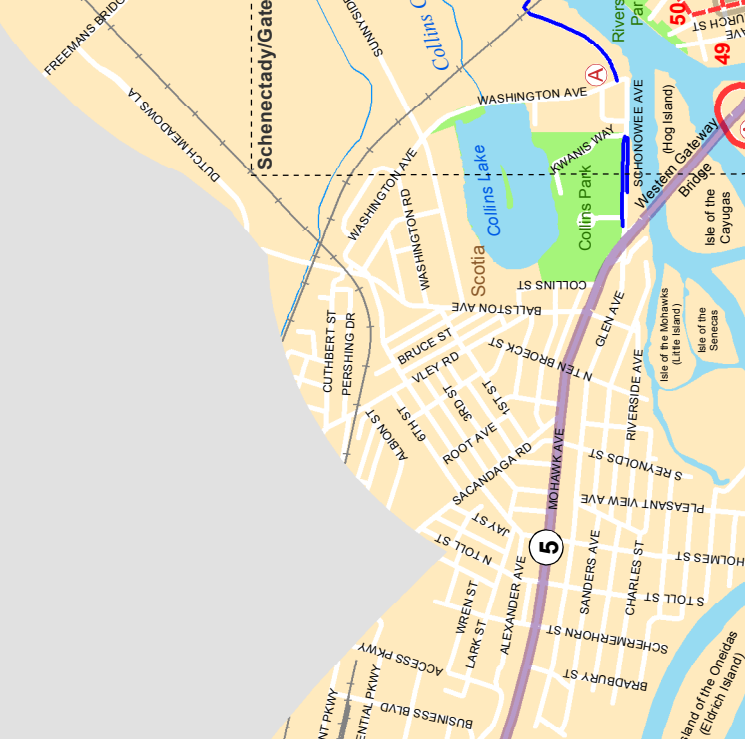


Located at the confluence of the Hudson and Mohawk Rivers, New York State's Capital District is rich in history. From its earliest days as a collection of European settlements in the lands of the Iroquois Indian Federation, the region quickly grew into an established center of trade, industry, and government.

As this country began its surge westward, the ports of Albany on the Hudson River and Schenectady on the Mohawk River, connected first by King's Highway, were critical in the achievement of America's "manifest destiny". The construction of the Erie Canal in 1823, called the greatest engineering feat of its era, further solidified the area's place in post-colonial development.

Along the western end of the bike-hike trail you will experience the contrast between the old Erie Canal and the more recent Erie Barge Canal along the Mohawk River. Seclusion can be found while traveling along the original Canal Tow Path. The section of trail near Interstate 890 offers some of the most scenic views of the river. The trail is a "can" experience the raising and lowering of the water as boats pass through.

As you head north out of Schenectady and into Niskayuna, away from the edge of the Mohawk and along the old Penn Central Railroad bed, you will find a comfortable ride along the relatively flat grade. The exception occurs at the heavily forested hillside separating the old railroad from the gently rolling fields of the plateau above. This section of the trail is characterized by a steep grade with exciting turns...be sure to watch for other trail users.



ALONG THE MOHAWK-HUDSON BIKE-HIKE TRAIL - A BRIEF HISTORY

The world's first steam passenger train, and America's first heavy rail route, linked Albany and Schenectady in 1831. The Erie Canal, completed in 1825, was a major engineering achievement as a center of transportation and commerce. Combined with unequalled waterpower and abundant human and natural resources, the cities of Albany, Schenectady, Troy, Cohoes, and WaterVliet, as well as their surrounding villages and towns, led the Industrial Revolution into the Twentieth Century.

Today, the Capital District covers some 2,000 square miles and is home to more than three-quarters of a million people. It's a mix of communities offers convenient urban services, sophisticated cultural attractions, a wide variety of very affordable residential settings, diverse employment and educational opportunities and impressive natural beauty.

With the exception of the section that parallels River Road, you will once again be on the railroad grade that tunnels through the Mohawk River valley. The trail is a "can" experience the raising and lowering of the water as boats pass through. The old railroad bed provides a variety of spectacular views. Birds are common on the edge of the Mohawk, in this area. The open air views of the Erie Canal and the Mohawk are the most dramatic views of the sunset along the entire trail.

The old railroad bed provides a variety of spectacular views. Birds are common on the edge of the Mohawk, in this area. The open air views of the Erie Canal and the Mohawk are the most dramatic views of the sunset along the entire trail.

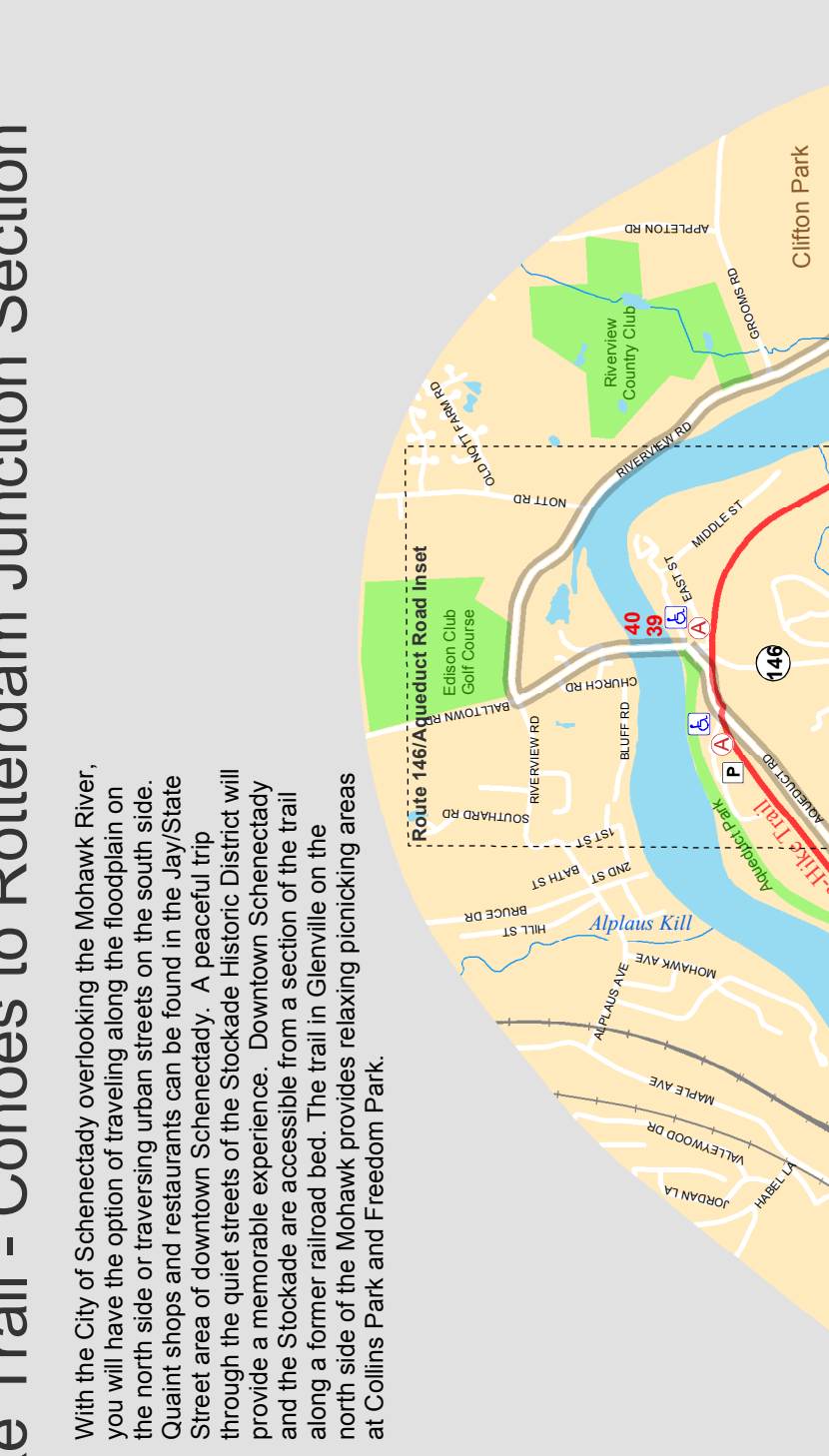
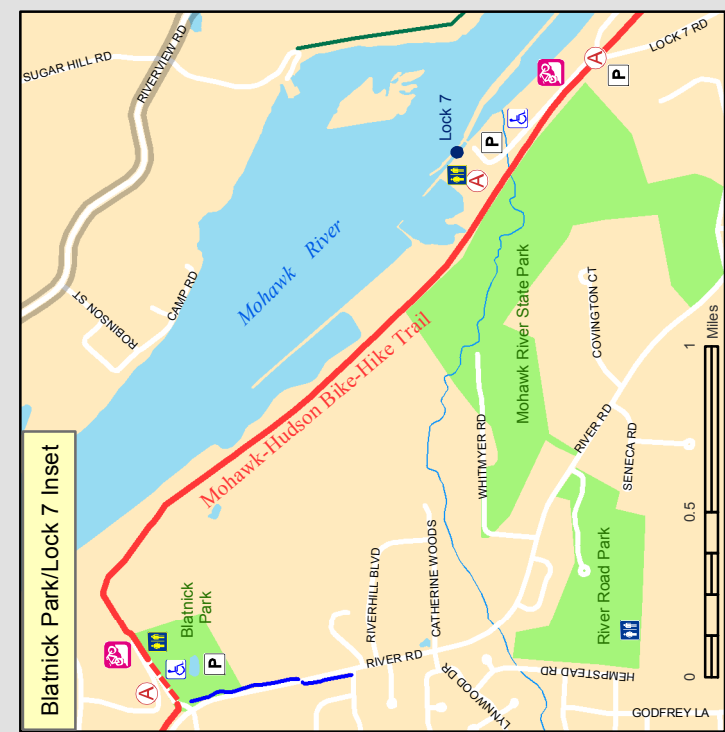
Acknowledgments

This map was produced and designed by the Capital District Transportation Committee (CDTC) using a combination of (GIS) Geographic Information System and (GPS) Global Positioning System Technology.

Input was provided by members of CDTC's Bicycle and Pedestrian Task Force. CDTC staff verified the locations of trails and trail amenities as well as road coverage. Additional input was provided by NYSDOT. All data reflects existing trail conditions at the time of print.

Copies of this map, as well as CDTC's Regional Bike-Hike Trail Map can be obtained from the Capital District Transportation Committee:

One Park Place
Albany, NY 12205
518-488-2161
www.cdctmpo.org
BikeMap@cdctmpo.org



LEGEND

- Trail Access
- Trailhead Parking
- Steep Hill
- Restroom Facilities
- Portable/Seasonal Restroom Facilities
- Visitors Center
- Rail Station
- Accessible Trailhead
- Hospitals
- Canal Locks
- Interstate Highway Exits
- Local Attractions (Please see Index)
- Mohawk - Hudson Bike - Hike Trail (On-Road)
- Mohawk - Hudson Bike - Hike Trail (Off-Road)
- Connecting Trails (Off-Road)
- Nature Trails
- State Bike Route 5
- Mohawk Towpath Scenic Byway
- Roads
- Streams
- Lakes and Ponds
- Rivers
- Parks and Nature Preserves
- Cities, Villages, and Towns

Scale: 1 inch equals 0.54 miles
0 0.5 1 2 Miles

Local Attractions Index

- 39 Schenectady Yacht Club Information: 518-384-9971
- 40 Rexford Aqueduct State Historic Site Information: 518-346-8316
- 41 Canal Bridge Replica
- 42 Stockade Historic District Information: 518-374-0263
- 43 Union College Information: 518-388-6000
- 44 Schenectady Museum & Planetarium Information: 518-382-7890
- 45 Proctors Theater Information: 518-382-1083
- 46 Schenectady County Community College Information: 518-381-1200
- 47 GE Realty Plot
- 48 Rotterdam Square Mall Information: 518-374-3713
- 49 Schenectady County Historical Society Information: 518-374-0263
- 50 Governor Yates House Information: 518-374-0263
- 51 Schenectady City Hall Information: 518-382-5035
- 52 Jay Street Pedestrian Mall Information: 518-382-2663
- 53 Schenectady Light Opera Company Information: 1-877-350-7378
- 54 Glenville Mini Sportsplex Information: 518-393-4140
- 55 Plotter Kill Aqueduct
- 56 Mabee Farm Historic Site Information: 518-887-5073

